



"Becoming an Outdoors-Woman" and the logo are copyrighted

**"BEYOND" BOW
CUMBERLAND FALLS STATE RESORT PARK, CORBIN, KY
FRIDAY, MAY 17 – SUNDAY, MAY 19, 2013**

JOIN US DURING THIS SPECIAL PLANNED BEYOND BOW weekend workshop which will encompass not only adventure but we'll throw in some conservation activities as well as educational programs. Come for the weekend to learn the history of the Falls' and its geology. Spend an afternoon on the river rafting or hiking to Eagle Falls as well as spend time helping to clean up and restore the Falls to its natural beauty (see below). This workshop will include planned group activities, overnight accommodations and meals (dinner Friday-breakfast Sunday).

WEEKEND AGENDA

FRIDAY, MAY 17, 2013

4:30 p.m. Registration
5:30 p.m. Welcome
6:00 p.m. Tour of the Falls
7:00 p.m. Dinner
8:30 p.m. History of the Falls

SATURDAY, MAY 18, 2013

8:00 a.m. Breakfast
9:00 a.m. Falls Beautification
Noon Lunch
2:00 p.m. River Float or Hike
7:00 p.m. Dinner
8:30 p.m. Star Party

SUNDAY, MAY 19, 2013

7:00 a.m. Optional Devotion
8:00 a.m. Breakfast
9:00 a.m. Life of a Firewatcher
Noon Wrap-Up

WORKSHOP EVENT DESCRIPTION

FRIDAY 6PM / TOUR OF THE FALLS – On this interpretive tour you will discover the unique geology of "The Niagara of the South". Moderate walking involved.

FRIDAY 8:30PM / HISTORY OF THE FALLS – Cumberland Falls has been a popular resort for over 100 years. Old postcards and photos will tell this amazing story of how Cumberland Falls was preserved from development interests.

SATURDAY 9AM / CUMBERLAND FALLS BEAUTIFICATION –Due to the spring rains and storms, trash washes downstream and mars the beauty of Cumberland Falls and its river banks. We'll spend the morning collecting trash which in turn helps restore the Falls back to its natural beauty. Moderate walking involved.

SATURDAY 2PM / DISCOVER THE CUMBERLAND RIVER ABOVE THE FALLS FLOAT – Spend the afternoon on the water in the section of the river above Cumberland Falls itself. This 2½ hour, five mile trip has moving water the whole way and is mostly Class I, with two rapids that are borderline Class II. Please note there is an **ADDITIONAL \$25 NON REFUNDABLE FEE** per person to participate in this activity.

OR

SATURDAY 2PM / HIKE TO EAGLE FALLS – Cumberland Falls is not the only famous falls in the park, Eagle Falls Trail is one of the most popular in the state. The hike is about two miles round trip and is strenuous in sections but offers many scenic rewards. As a bonus, the hike takes you past several overlooks that offer the best views of Cumberland Falls in the park.

FRIDAY 8:30PM / STAR PARTY – An evening of Astronomy! Learn how to read a star/sky map. After a short program we'll venture outside for stargazing with an opportunity to see astronomical sights and view celestial objects through large telescopes. Weather can be a factor.

SUNDAY 9AM / LIFE OF A FIREWATCHER – The Pinnacle Knob Fire Tower was constructed in 1937 by the U.S. Forest Service. "Firewatchers" would live at the tower during fire season until the late 1960's when it was closed and eventually fell into disrepair. The cabin was restored in 2008 with much care taken to maintain its authenticity. The hike to the tower is two miles round trip and is considered a light hike, however near the tower there is a spot that is considered strenuous.

SPECIAL CONSIDERATIONS

FEES: \$175.00 per person includes two nights lodging in a double room, five meals, planned group activities and more. Please include an additional \$25 (non refundable) if you plan to participate in the Above the Falls Float Saturday.

REGISTRATION: Will close Friday, April 19th or once capacity of 55 is met. One person per registration form please.

CANCELLATION: Postmarked before April 19th will receive a full refund. A \$50 processing fee will be assessed to those postmarked after that date and no refund of any amount to no shows.

CONFIRMATION: Will be mailed with packing suggestions, reminders and directions upon receipt of fully completed and paid registration.

ACCOMMODATIONS: All lodging will be at minimum double non-smoking rooms. Some rooms can sleep four. Please note if you'd like to share with more than one roommate along with those individuals names. **DOUBLES REQUIRED, NO SINGLES.**

QUESTIONS OR CONCERNS: Please call 800-858-1549, ask for Naomi Wilson or e-mail Beth Minch at beth.minch@ky.gov

**MAKE CHECK PAYABLE TO BETH MINCH. MAIL COMPLETED FORM AND PAYMENT OF \$175.00 (\$200 IF FLOATING) TO:
BETH MINCH, P.O. BOX 35, STAMPING GROUND, KY 40379**

NAME _____ PHONE _____

PLEASE MARK ONE – SATURDAY AFTERNOON I PLAN TO FLOAT ABOVE THE FALL _____ OR HIKE TO EAGLE FALLS _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

E-MAIL _____

EMERGENCY CONTACT NAME _____ NUMBER _____

ROOMMATE (S) _____ (some rooms hold up to 4)

IF YOU DO NOT INDICATE A ROOMMATE WE WILL DETERMINE ONE (1) ROOMMATE FOR YOU

I'm a night owl ____ Early to bed & to rise ____ Snore & restless sleeper ____

I may be exposed to some environmental/physical risk due to the nature of the workshop. I assume full responsibility for any intentional action or injury that may result from my participation. I understand and accept that photographs and video may be taken during sessions to be used in future support of the program. I understand that in the unavoidable event of an event cancellation BOW will provide excellent alternatives should these situations arise.

APPLICANT SIGNATURE _____ DATE _____

The Kentucky Department of Fish and Wildlife Resources (KDFWR) hosts this workshop in partnership with support and sponsorship provided by the Kentucky State Parks, the Kentucky Fish and Wildlife Foundation and the Kentucky Network of Outdoor Women (KNOW)

